

Rotary Club of Youngtown Weekly Bulletin



PO Box 155 KINGS MEADOWS Tasmania 7249

Youngtown Rotary Club Website: www.youngtownrotary.org.au

Soggy Bottom Regatta Website: www.soggybottomregatta.org



Meetings - Mondays at 5:45pm for 6:15pm start at the
Launceston Golf Club, Opossum Road, KINGS MEADOWS on **6344 1154**

**Meal cancellations to Assistant Secretary Bernie Morgan by 10.00am Friday
on 6344 9569**

President: Graeme Dean Mobile: 0400 592 272 Email: gbdean46@gmail.com	Secretary: Leigh Iles Mobile: 0422 414 193 Email: leigh.judy@bigpond.com	Treasurer: George Manifold Mobile: 0417 381 179 Email: george@tassie.ws	Volume 38 No 24 3rd December 2018
RI President: Barry Rassin	District Governor (9830) Ross Carlyle	District Governor-Elect (9830) Michael Cooke	Assistant Governor (Group 4) Brett Williams



Graeme's gossip....

President Graeme welcomed our guest speaker Ibrahim Jatau Abubakar, who will address us on Atrial Fibrillation and its impact on causing strokes. Guests Shontae and John Salman were also introduced to the meeting.

Directors Reports

Community Service Director Ian has been delivering more sheep manure to Glebe Gardens. He has also been putting our case to the AGFEST committee for a suitable site for 2019. One of the causes being discussed re the Soggy Bottom Regatta in March 2019 is Angels Hope. This organisation is working hard to implement the Anti Bullying program into all schools.

Club Service Director Kevin has enough volunteers for the Bunnings Barbecue this Saturday 1st December.

Assistant Secretary Bernie will need to finalise **numbers attending our Christmas Dinner** by next Monday so please consult your Partners and diaries. We are also pleased to welcome the Rotary Club of Kings Meadows to join us this year. See the invitation for details.

Rotarian Marie reported that we have received a donation from Woolworths towards the Christmas Boxes for the Elderly. She still has wool and other suitable items on her wish list so please contribute where you can.

Dates to Remember...

04 December - Science Experience BBQ
10 December - Club Christmas Function
8 January 2019 - BBQ Larry & Henny Goftons
12th January - President's Barbecue
03 March 2019 - Soggy Bottom Regatta

Bunnings Barbecue Dates

January - Friday 4th & Saturday 12th (KM)
January - Tuesday 15th & Friday 25th (North)
February - Friday 1st & Saturday 9th (KM)
February - Tuesday 12th (North)
March - Friday 1st & Saturday 9th (KM)
March - Monday 11th (North)
Some of these dates will be offered to Punchbowl Community Garden and Men's Shed members for their fundraising.



Guest Speaker

This week we welcomed Ibrahim Jatau Abubakar. He is a Pharmacist by profession and is studying at UTAS Hobart. His PHD research project is called "What's your Beat?" and is the study of detecting atrial fibrillation in Tasmanians over 65 and its increased risk factor for the cause of stroke.

Already 23 people out of the 1000 tested so far have been referred to their GP for further investigation into possible stroke prevention.

Atrial Fibrillation is when the heart beats at an abnormally fast or uneven rate. It often goes undetected and stroke is the first awareness for some.

Treatment may be as simple as blood thinning drugs like aspirin or Warfarin. Others may need ongoing medicines to slow the heart rate.

The National Stroke Foundation website is: www.strokefoundation.com.au



Henry having his test for AF



Rotary Club of Youngtown - Office Bearers 2018-2019

President:	GRAEME DEAN	Vice-President:	
President Elect:	CHRIS WESTLAKE	Im Past President:	TAS RAINBOW
Secretary:	LEIGH ILES	Treasurer:	GEORGE MANIFOLD
Assist Secretary:	BERNIE MORGAN	Assist Treasurer:	VIV RAINBOW

Community Service:	Director:	Ian Smith Marie Bird, Bernie Morgan, Jan Beams
New Generations:	Director:	Brett Williams Henry Trevena, Gwen Nicholson, Jim Stewart
Vocational Service:	Director:	Leigh Dyson Dennis Turner, Craig Corsetti, Nettie Buckley
International Service:	Director:	Chris Ryan Liz Bulman, Ted Burton, Dave Morrison
Club Service:	Director:	Kevin Marnell Chris Westlake, Maurice and Judy Kingston, Viv Rainbow.
Agfest Committee:		Ian Smith (Chair), Leigh Iles, Paul Beams, Ted Burton, Chris Westlake and George Manifold.
Disaster Aid Australia		Ted Burton (Chair), Chris Westlake and Leigh Iles.
Bunnings BBQ's		Ted Burton
"Soggy Bottom" Regatta		Ian Smith (Chair)
Membership		Ian Smith
Men's Shed		Chris Westlake
Program		Theresa Dean
Bulletin		Judy Kingston, Viv Rainbow
Web Administrator		Brett Williams
Classification & History		Bernie Morgan
Family of Rotary		Liz Bulman
Spurr Wing Inc:		Ian Smith
Rotary Punchbowl Community Garden		John Heazlewood
Public Officer		Leigh Iles
Bowel Scan:		Gwen Nicholson

GRACE: For good food, good fellowship and the opportunity of service through Rotary, we give thanks - *Amen*

