

Rotary Club of Youngtown Weekly Bulletin

PO Box 155 KINGS MEADOWS Tasmania 7249

Youngtown Rotary Club Website: www.youngtownrotary.org.au

Soggy Bottom Regatta Website: www.soggybottomregatta.org



Meetings - Mondays at 5:45pm for 6:15pm start at the
Launceston Golf Club, Opossum Road, KINGS MEADOWS on **6344 1154**



Meal cancellations to Secretary Leigh Iles by 10.00am Friday on 6343 5596

President: Chris Westlake Mobile: 0408 130 196 Email: cwesty@bigpond.net.au	Secretary: Leigh Iles Mobile: 0422 414 193 Email: leigh.judy@bigpond.com	Treasurer: George Manifold Mobile: 0417 381 179 Email: george@tassie.ws	Volume 39 No 29 <hr/> 17th February 2020
RI President: Mark Daniel Maloney	District Governor (9830) Michael Cooke	District Governor-Elect (9830) Michael Plunkett	Assistant Governor (Group 4) Brett Williams



President Chris welcomed our guests Brad Beitzel, Corey and Kylie Bailey, AG Brett Williams and our guest speaker Rotarian Ted Richey.

We also had Rotarian Leigh Dyson's grandson Luca join us.

Reports

Rotarian John Dare has sent word that the first RFDS Mental Health mobile bus unit will be complete and in use by March this year.

RYPEN (Rotary Youth Program of Enrichment) will be held on 13th - 15th March at Camp Clayton near Ulverstone. This is open to year 9 and 10 students or young people aged 14 - 17 years. Its aim is to communicate to young people a series of ideas, problems and social experiences, which will assist them in forming their own values and moral standards and broaden their horizons culturally, socially and academically.

Nominations are open, and the cost of the weekend is usually carried by the sponsoring Rotary Club.

Chloe McCann, who we assisted to attend the World Climate Conference last year will be speaking to our club shortly re her experiences.

Last week we had Rotaract Club of Tamar Valley President Madi Biggelaar address our meeting. She and Holly Corbett are raising funds to get to the International Conference in Hawaii in June this year. Our Club has given the girls \$500 each towards their expenses.

Dates for your diary.....

24th Feb - *Punchbowl Community Garden visit and BBQ*
(Please bring a sweet and a seat!!)

1st March - *'Soggy Bottom' Cardboard Boat Regatta*

13th March - *Cocktail Party*

Bunnings Barbecue Dates

Friday February 14th KM

Wednesday March 18th North

Unfortunately the Science Experience will not be held this year.

Community Service Director Rotarian Judy Kingston reported that planning for the Cocktail Party to be held on Friday 13th March is on schedule.
(See Page 4 for details)

Rotarian Ted Burton has been invited by the Rotary Club of Timphu to go to Bhutan in July this year and attend a Water, Sanitation and Sewerage Conference. Congratulations on being invited Ted.

The "Soggy Bottom" Cardboard Boat Regatta Committee will be at the Harvest Market this Saturday 15th February to promote and inform the public on the family day event.
Any help would be appreciated.



Birthdays and Anniversaries - February 2020

Birthdays

10th Feb - Paul Beams

23rd Feb - Ted Burton

Anniversaries

20th Feb - Judy & Leigh Iles



Reports Continued

Assistant Governor Brett Williams advised that PETS day will be held in Deloraine on 14th and 15th March 2020 at the Rotary Pavilion.

Guest Speaker

This week our speaker was Rotarian Ted Richey who gave us an update on the research being achieved towards a cure for Gastroparesis at the Western Sydney University.

There are approximately 17,000 sufferers of gastroparesis in Australia. Australian Rotary Health puts in \$9,000 per year and the sponsoring university puts in \$11,000 per year for 3 years.

Harsha Suresh is the recipient of a Gastroparesis Research Scholarship. He started in October 2016 and is testing to see if gastroparesis patients can benefit from a new type of 'low-viscosity' fibres.



Harsha Suresh

During 2019 Harsha recruited 7 patients to take part in his 4 fibre trial and has complete laboratory analysis on what happens to fibres in the stomach.

The early results are very exciting and is proving that the test fibres are controlling blood glucose as well as psyllium (Metamucil) but triggers much fewer symptoms.

Lab tests show that under stimulated gastric conditions the test fibres remained liquid-like, unlike most fibres which congealed to become a thick gel.

The research was extended for 6 months due to the success of Harsha's findings and he will provide scientific evidence for selecting the best fibres for gastroparesis patients.

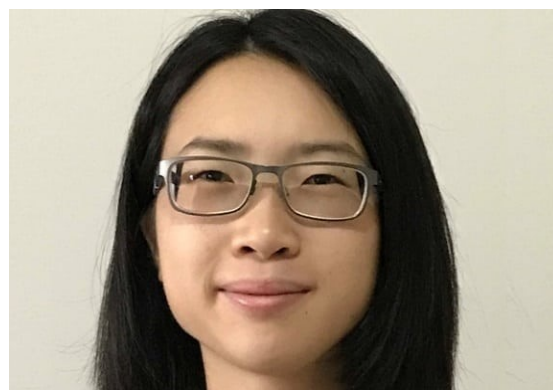
A second researcher, Daphne Foong, also received a Gastroparesis Research Scholarship, co-funded in the same way at Harsha. It is most unusual to have two researchers working on the same subject at the same time but the importance of the work is now recognised.

Daphne started in February 2018 for a 3 year period. She is uncovering the secrets to gut movement by isolating the gut pace-maker cell, Interstitial Cells of Cajal (ICC).

Over 2019 Daphne achieved her milestone by developing a method to identify ICC in the stomach tissue and successfully purified human ICC for further analysis.

This has never been done before and the next step is to use the latest technologies to analyse ICCs and start building a Molecular profile of these cells.

This knowledge will allow researchers to grow healthy ICC in the lab and paves the way for regenerative therapy to cure gut motility disorders like gastroparesis.



Daphne Foong

MEETING PROGRAM 2019 - 2020

Visits to other venues	Partners Nights
Club Assembly or Board Meeting	Joint Meetings

Raffle Winner Chris Westlake

Date	Chairperson	Guest Speaker	Subject	Thanks	Corporal	Attendance	Substitute
13/2/20 Thursday		Spurr Wing Barbecue	5.30pm				
17/2/20	B Morgan	Board Meeting		C Ryan	B Mitchell	H Trevena	I Smith
24/2/20	G Nicholson	BBQ at Community Garden, Punchbowl		L Dyson	G Dean	M Bird	T Rainbow
2/3/20	J Beams	Club Assembly		T Burton	P Beams	J Kingston	G Dean
9/3/20		NO MEETING - LONG WEEKEND					
16/3/20	C Ryan	Board Meeting		B Morgan	B Mitchell	D Turner	H Trevena
23/3/20	L Dyson	Vocational Visit - Haywards		L Iles	M Bird	P Beams	V Rainbow
30/3/20	I Smith	TBA		D Turner	V Rainbow	T Burton	D Morrison
6/4/20	L Iles	Club Assembly		J Beams	M Kingston	B Morgan	G Dean

Rotary Club of Youngtown - Office Bearers 2019-2020

President:	CHRIS WESTLAKE	Vice-President:	LEIGH ILES
President Elect:	TED BURTON	Im Past President:	GRAEME DEAN
Secretary:	LEIGH ILES	Treasurer:	GEORGE MANIFOLD
Assist Secretary:	BERNIE MORGAN	Assist Treasurer:	VIVIANNE RAINBOW

Community Service:	Director:	Judy Kingston Ass. Ian Smith Marie Bird, Bernie Morgan,
New Generations:	Director:	Jan Beams Ass. Gwen Nicholson Leigh Iles, George Manifold,
Vocational Service:	Director:	Vivienne Rainbow Ass. Henry Trevena Dennis Turner, Leigh Dyson
International Service:	Director:	Chris Ryan Ass. Ted Burton, Graeme Dean
Club Service:	Director:	Tas Rainbow Ass. Maurice Kingston Chris Westlake, Jim Stewart, Bradley Mitchell

Sergeant at Arms Ted Burton/Chris Ryan

Agfest Committee: Ian Smith (Chair), Leigh Iles, Paul Beams, Ted Burton, Chris Westlake and George Manifold.

Disaster Aid Australia	Ted Burton (Chair), Chris Westlake and Leigh Iles.
Bunnings BBQ's	Tas Rainbow / Ted Burton
"Soggy Bottom" Regatta	Leigh Dyson (Chair)
Membership	Tas Rainbow
Men's Shed	Chris Westlake, Ian Smith
Program Officer	Theresa Dean
Bulletin Editor	Vivienne Rainbow
Web Administrator	George Manifold
Classification & History	Bernie Morgan
Spurr Wing Inc:	Ian Smith
Rotary Punchbowl Community Garden	John Heazlewood
Public Officer	Leigh Iles

GRACE: For good food, good fellowship and the opportunity to serve others through Rotary, we give thanks - Amen



**The ROTARY Club of Youngtown invites you and your friends to attend our
COCKTAIL PARTY on Friday 13th March in the beautiful gardens of the
historic**

Franklin House

413 Hobart Road, Launceston

from 6.30 pm till 8.30 pm

Be entertained by

The Tassie Tenor – Joe Di'sario

All inclusive cost of \$ 35 per person

All funds raised from this event will go towards

DROUGHT and FIRE RELIEF PROJECTS WITHIN TASMANIA

RSVP to : Leigh Iles on 0422 414 193

Or

Email: leigh.judy@bigpond.com.au

by 6th March 2020.

